

Maple Walnut (Large)

Nutrition Facts Serv. Size: 1 slice (49g), Servings: About 14, Amount Per Serving: **Calories** 160 Fat Cal. 20, **Total Fat** 2.5g (4% DV), Sat. Fat 0g (0% DV), *Trans* Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 210mg (9% DV), **Total Carb.** 29g (10% DV), Fiber 1g (4% DV), Sugars 3g, **Protein** 6g, Vitamin A (0% DV), Vitamin C (2% DV), Calcium (0% DV), Iron (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: UNBLEACHED BREAD FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MAPLE SYRUP, WALNUTS, OATS, SUNFLOWER OIL, PURIFIED SEA SALT, INSTANT DRY YEAST

CONTAINS: WHEAT, WALNUT