

Wheat Pizza Dough

Nutrition Facts

Serving Size: (57g)
 Servings Per Container: 8

Calories 170
 Calories from Fat 40

Amount/serving	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Vitamin A 0% • Vitamin C 4% • Calcium 0% • Iron 8%	

Amount/serving	% Daily Value*
Total Carbohydrate 27g	9%
Dietary Fiber 2g	8%
Sugars <1g	
Protein 5g	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: UNBLEACHED BREAD FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, WATER, OLIVE OIL, HONEY, PURIFIED SEA SALT, INSTANT DRY YEAST

CONTAINS: WHEAT